Ponec – the dance venue – is an award-winning project by Tanec Praha, celebrated for its artistic use of the former Ponec cinema in 1998. The concept of this first dance house is an open space for dancers, whose mission is to support the independent dance scene and its outreach into other genres. It co-produces 7 – 10 premieres per year and is also the chief producer of selected international projects.

The venue boasts a highly professional technical team, advanced light design equipment, and permits creative residencies for artists to complete productions on the stage. About a third of the theatre's activities are devoted to working with children and adolescents and it is involved in a wide range of international networks and projects, in which it promotes and supports Czech dance.
stimulating reflection on the arts and culture of the two regions.